



# COVID-19 Mitigation Plan

Updated 5/7/2022

Summer Camp operations will be guided by the recommendations of the Centers for Disease Control (CDC) and the American Camp Association (ACA), and by the requirements of and best practices advised by the Commonwealth of Virginia and the Virginia Department of Health (VDH). The protocols and practices below detail how Camp Hanover will operate this summer and are subject to change as new information is received from the ACA, CDC, VDH and Commonwealth of Virginia.

## **Prior to Arrival at Summer Camp**

Camp Hanover strongly encourages all staff, campers and their families to follow CDC guidance in the 14 days before arriving at camp to reduce the risk of exposure to COVID-19. Practice physical distancing, mask-wearing when not at home, avoid unnecessary travel, and refrain from indoor social gatherings and close contact with people outside of your household.

Knowing that vaccination can be a deeply personal decision, we strongly encourage all staff and campers to get fully vaccinated and boosted if and when vaccines and boosters are available for you.

## **Pre-Arrival Health Screening and Testing**

For overnight summer camp programs, the CDC, ACA, and Commonwealth of Virginia recommends COVID testing as a Best Practice. Camp Hanover has chosen testing as our primary mitigation strategy, as allowed by the Commonwealth of Virginia.

Camp Hanover has engaged a Health Services Provider to administer a Rapid Antigen Test to each overnight summer camp participant. A negative test result is required to attend summer camp, regardless of vaccination status.

Camper families are strongly encouraged to monitor camper health in the two weeks prior to arrival and note any symptoms of COVID-19. Campers showing symptoms of COVID-19 should remain home.

As a precaution and for added peace of mind, we strongly encourage all day campers and overnight campers to get tested for COVID-19 within 72 hours prior to arriving at camp.

## Arrival and Check-In

Prior to their arrival, registered campers receive “Welcome To Camp” materials detailing the arrival and check-in process:

A. *Scheduled Check-In Times*

Each camper will be provided with a specific window of time to check-in, scheduled to minimize the number of people on site at the same time.

B. *Drive Thru Check-In*

We will conduct a “drive-thru” check-in to minimize contact between family members and Camp Hanover Staff. We request only one parent/guardian bring the child to camp. Parents/Guardians are required to stay in their car during the check-in process, and are to remain on site until their camper is fully checked in.

C. *Masking*

Campers are required to wear masks until receiving a negative COVID test result. Parents/Guardians are encouraged to wear masks when interacting with Camp Hanover Staff.

D. *Arrival Testing*

Each camper will receive a rapid antigen test upon arrival. A negative test result is required to participate in summer camp. Should a participant's test return a positive result, the participant will be retested. If the second test is positive, the participant will not be allowed to participate and must return home.

E. *Health Screening*

Campers receive a health screening, including a temperature scan and lice check, upon arrival. Campers with a fever or a lice infestation must return home. During the screening, Parents/Guardians are asked whether the camper has shown any symptoms of COVID-19 prior to their arrival, and whether the camper has been vaccinated, to aid in contact tracing should a suspected case of COVID-19 occur at summer camp.

F. *Medications*

Campers taking medication during their time at Camp, will have their medications collected and processed by Health Center Staff during check-in. Camper medications should be kept separate from camper luggage and be easily accessible during check-in. All medications, including over-the-counter products, must be in its original packaging. Prescription medication must be prescribed to the camper by name.

G. *Luggage*

Camper luggage will be deposited at a drop-off location during check-in. Luggage will be transported to the camper’s campsite by Camp Hanover Staff.

## **Departure and Check-Out**

### *A. Scheduled Pick-Up Times*

Each camper will be provided with a specific pick-up time, scheduled to minimize the number of people on site at the same time.

### *B. Drive Thru Check-Out*

Parents/guardians are required to stay in their car during the check-out process.

### *C. Masking*

Parents/Guardians are encouraged to wear masks when interacting with Camp Hanover Staff.

## **Post-Camp Follow-Up**

Camper families are strongly encouraged to monitor camper health after a camper returns home and pro-actively communicate with Camp Hanover if their child shows any symptoms of COVID-19. Within 7 to 10 days following the conclusion of a camper's time at Camp Hanover, we will contact Parents/Guardians by email and ask whether their child has shown any symptoms of COVID-19, become ill, or received a positive COVID-19 test result.

If Camp Hanover learns of a suspected case of COVID-19 following a camper's time at camp, we will contact the local Virginia Department of Health office, as required, so they may begin contact tracing. We will notify Parents/Guardians of campers in that Camper Group, or others who may have had contact with the camper, of the possibility of an exposure to COVID-19.

## **Camper Groups - Day Campers**

### *A. Group Size*

Each Camper Group will consist of approximately 12 campers and 2 counselors.

### *B. Masking*

Masks are optional for all campers when outdoors, as long as appropriate distancing between camper groups can be maintained. Day Campers are required to wear masks when indoors with other groups of campers.

### *C. Activities and Distancing*

Campers will participate in most activities with and only with their Camper Group. Each Group will remain separate from other Groups except to participate in certain outdoor activities (for example, Morning Devotion), during which Campers will maintain appropriate physical distance.

## **Camper Groups – Overnight Campers**

### *A. Group Size*

Each Camper Group will consist of approximately 12 campers and 2 counselors.

### *B. Lodging*

Camper Groups will sleep in air-ventilated cabins (Longhouses) equipped with fans. Campers will sleep head-to-toe to maintain appropriate physical distance.

### *C. Masking*

Masks are optional for all campers when outdoors, as long as appropriate distancing between camper groups can be maintained. Overnight Campers are not required to wear masks indoors in their longhouse. Overnight Campers are required to wear masks when indoors with campers from other Camper Groups.

### *D. Activities and Distancing*

Campers will participate in most activities with and only with their Camper Group. Each Group will remain separate from other Groups except to participate in certain outdoor activities (for example, Morning Devotion), during which Campers will maintain appropriate physical distance.

## **Program Activities**

### *A. Aquatics - Lake*

One Group will be scheduled per activity (swimming, paddleboarding, etc.) at a time. Campers will be required to maintain at least 6 ft of distance between other groups.

### *B. Aquatics - Pool*

In most instances, one Group will be scheduled to be at the pool at a time. When two Groups are present, each Group will be assigned one section of the pool and all campers must remain in their Group's section. These sections will be designated and separated by two ropes, spaced 10 feet apart, to ensure sufficient distancing between campers of different Groups.

### *C. Other Program Activities*

All programs will take place outside whenever possible. Most activities and activity areas will be limited to one Camper Group at a time. In the event of severe weather when campers must move indoors for activities, physical distancing between Groups will be maintained and staff and campers will wear masks.

## **Meals**

Each Camper Group will eat Breakfast and Dinner outside at their own campsite daily.

Food for Breakfast and Dinner will be prepared in the main kitchen and transported by the Group to their campsite.

After the meal, dishes, utensils, and cups will be returned to the kitchen to be washed and sanitized.

Camper Groups will eat Lunch outdoors at picnic tables outside Wise Lodge, or under and around open-air Pavilions, daily.

On Fridays, Lunch will be at campsites, and Dinner will be outside Wise Lodge.

In the event of inclement weather, Camper Groups will eat indoors in Wise Lodge or other inclement weather spaces, and mealtimes may be staggered. Physical distancing between Camper Groups will be maintained.

## **Summer Camp Staff**

Staff will receive a weekly COVID-19 test and a health screening.

Staff will self-monitor for symptoms of COVID-19 and have a daily temperature scan.

If a member of staff shows symptoms of COVID-19, or a positive test result, they will quarantine until confirmed safe to reintegrate.

Staff will practice good hygiene and wash hands frequently.

Program Staff who are not housed with a Camper Group will be required to maintain physical distancing between campers and other staff.

Non-vaccinated staff will be required to wear masks when indoors in Staff Common Areas.

## **Non-Essential Personnel / Volunteers / Visitors**

Camp Hanover will be limiting non-essential personnel and visitors on site. Overnight guests and volunteers residing on site will be required to have a COVID test, a health screening upon arrival, and daily temperature scan.

## **Cleaning and Sanitization – While Camp is in Session**

We continue to follow the recommendations of the American Camp Association and CDC and the requirements of the Commonwealth of Virginia for hygiene and cleanliness. Frequently touched surfaces, areas where groups may congregate, and all restrooms, will be sanitized regularly and often.

Specialized cleaning and sanitization procedures are in place for activity areas:

### *A. Lake*

Two sets of PFD (Personal Floatation Devices) will be maintained, with each set being disinfected between Group use. Frequently touched surfaces on shared equipment (paddle boards, CORCLs, etc), will be sanitized between each Group's activity time and after the last Group has left the lake area for the day.

### *B. Pool*

All frequently touched surfaces and restrooms will be disinfected between each Group's activity time and after the last Group has left the pool area for the day.

### *C. Other Activities*

Each Group will be given their own set of recreation equipment, to be used only by that Group. The use of shared items will be minimized. When shared equipment must be used (craft supplies, archery equipment, climbing gear, etc.), items will be disinfected between uses. If shared equipment is unable to be disinfected (climbing ropes, harnesses, etc.), items will have at least a 24-hour "rest" period between uses.

## **Cleaning and Sanitization – End of Camp Session**

All camp sessions end on Saturday morning. All campsite and restroom surfaces will be cleaned thoroughly with an EPA-approved disinfectant using an electrostatic sprayer. After being cleaned and disinfected, campsite areas will be allowed to "rest" for at least 24 hours before being used again. As possible, use of campsite areas will rotate, optimally allowing each campsite to rest for a week before being in use again.

## Daily Health Screening

Each morning, before leaving their campsite, all campers will be monitored by their assigned staff members for COVID-19 symptoms, including a temperature scan and symptom checklist.

## Health Center

Health Center Staff will monitor the camp community for the following COVID-19 symptoms:

- Fever or chills
- Cough or congestion
- Shortness of breath
- Difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Runny nose
- Nausea or vomiting
- Diarrhea

Campers and staff needing healthcare services will be triaged outside the Health Center. Campers in need of private care or quarantine will be admitted inside the Health Center and their Parents/Guardians will be notified.

## In the Event of a Suspected Case of COVID-19

Per recommended procedures, Camp Hanover will retain a separate quarantine area for any campers and staff who experience COVID-19 symptoms.

- 1) A camper experiencing COVID-19 symptoms will be quarantined and their personal items will be removed from their longhouse/campsite.
- 2) Campers in the Camper Group will be isolated from other Groups and be carefully monitored for symptoms. The Camper Group may continue to do activities provided those activities can be done in isolation, without the use of shared equipment.
- 3) A rapid Covid Test will be administered to the camper experiencing COVID-19 symptoms and the camper's Parents/Guardians will be contacted.
- 4) If the test result is positive, Camp Hanover will contact the local Virginia Department of Health office, as required, and follow their recommendations at that time.
- 5) Camp Hanover will arrange with the Parents/Guardians of the camper a time for the camper can be picked up and brought home.
- 6) Camp Hanover will notify the Parents/Guardians of the campers in that Camper Group of the possibility of exposure to COVID-19.